

ALWAYS FREE, ALWAYS FUN

FRIDAY

5-9pm

Nights

JANUARY 5

Power Play
Grade Incentive

JANUARY 12

KC Comets

JANUARY 19

Pro Deo Chill Night

JANUARY 26

Bowling

FEBRUARY 2

Movie Night

FEBRUARY 9

Young Playwrights Play

FEBRUARY 16

Ice Skating &
Murder Mystery Night

FEBRUARY 23

Field Night at Lakeland

MARCH 8

Squid Games
Tournament

MARCH 22

March Madness
Quarterly Birthday Party

MARCH 29

KC Mavericks Game

APRIL 12

KC Symphony

APRIL 19

The Price is Right!

APRIL 26

Dave's Gymnastics

MAY 3

Rink Ratz

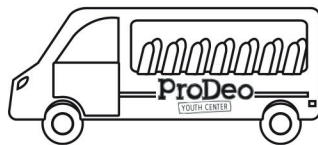
MAY 10

Bonfire

MAY 17

Break Bash!

FRIDAY NIGHTS ARE ALWAYS FREE, BUT YOU ARE
REQUIRED TO SIGN UP AHEAD OF TIME!
ENDING TIMES WILL VARY DEPENDING ON ACTIVITY.
ACTIVITIES ARE SUBJECT TO CHANGE.



WE PICK UP AT:

LSHS
LSW
SRA

Free After School Pick-Up

Sign-up to get picked up by our van
(for FREE) after school and join us
with all the stuff there is to do!



WITHIN
WALKING
DISTANCE
FROM LSN

Please note:

We can transport teens home from programming if registration is complete, student lives within LSR7 boundaries & there is a family hardship. All other students must be picked up at 5pm Mon-Thurs when programming ends.

Don't miss out on all the fun we are
having after school!



Thank you to our Partners!



First Presbyterian Church
Lee's Summit

Bob & Jane Rutherford
St Matthew Lutheran Church

ProDeo

YOUTH CENTER

WINTER/SPRING 2024
Program Guide

FAQS

WHAT IS PRO DEO YOUTH CENTER?

We serve teens in 9th-12th grade in Eastern Jackson County. We provide free after-school and weekend activities to help teens interact and grow into productive adults, all while enjoying their teen years in a safe, fun and inclusive environment.

HOW DOES A STUDENT REGISTER TO PARTICIPATE?

Visit our website and click the TEENS button to complete the registration online. Once completed, you will receive a phone confirmation by a staff member and you'll receive an invitation to join the BAND app. From there, students are welcome to sign up to join us for any of our free after school and Friday night events.

WHO CAN ATTEND PRO DEO?

We welcome ALL teens in the Lee's Summit area who is looking for a safe and welcoming place to belong.

WHEN ARE WE OPEN?

Student hours are Monday - Thursday 2:30-5pm, Friday evenings we begin at 5pm, end time will vary.

IF THIS IS FREE, HOW ARE YOU FUNDED?

Pro Deo Youth Center is a 501 (c)3 nonprofit that relies on donations from individuals, companies, foundations and churches to remain open. Find out how you can support at prodeoyouthcenter.org

WHERE CAN I LEARN MORE?

For more information, scan here.



214 NE Chipman Rd
Lees Summit, MO 64063
816.226.6806
[@ProDeoYouthCenter](https://www.instagram.com/ProDeoYouthCenter)



Our free programming fits into our 5 pillars:



Creative Arts



Personal & Social Skills



Sports Health & Wellness



College Career & Job Skills



Academic & STEM

JANUARY & FEBRUARY

January 8 (Mon 3-4)
Welcome & Expectations
New semester & fresh starts, but let's review the rules.

January 8 (Mon 4-5)
Chill Time
Get to know some new faces as we gear up for a new year.

January 10 (Wed 3-4)
Craft a Cell Stand
Don't let your phone fall over while watching YouTube, make a cell stand!

January 10 (Wed 3-4)
Spill It!
Healthy Habits talks while doing some yoga sounds like a great way to kick off a new year and new you.

January 17 (Wed 3-4)
Cooking with Friends
You never know what is on the menu when cooking with Jodi and Friends!

January 17 (Wed 4-5)
Frisbee at St Matthews
Find your competitive spirit when we play ultimate frisbee.

January 22 (Mon 3-4)
Caroline's Group
Take the time to love yourself as we chat about healthy relationships and boundaries.

January 22 (Mon 4-5)
Paper Mache Bowls
You may get dirty, but this will be a craft that will be fun for all and requires no deep artistic skill.

January 24 (Wed 3-4)
Build-a-Baller
What does success look like to you? Let's figure out how to become a baller!

January 24 (Wed 4-5)
Board Games & Chill
The days are long while working hard at school, so come chill with friends and let's play some games!

January 29 (Mon 3-5)
Field Day and Crafts
We are heading to Lakeland Field to burn off winter energy and relax with some fun winter crafts.

January 31 (Wed 3-4)
Design a Soul Mate
No we are not building robots, but we are going to work on character development and healthy relationships

Join Us After School

PROGRAMMING HOURS
MON & WED
2:30-5PM

Field Trips
Art & Crafts,
Board & Video Games,
Cooking, STEM, & more!

January 31 (Wed 4-5)
Ping-Pong Tournament
You tap, I tap, She taps, we all tap the ping-pong ball. Let's Do it!

February 5 (Mon 3-5)
Wayside Waifs
Community Service is always more fun when you're with animals!

February 7 (Wed 3-4)
Mood Mandala
Art journaling can be therapeutic, so come draw through those thoughts and feelings with a mandala page.

February 7 (Wed 4-5)
Yoga
Take a deep breathe, stretch and slowly let that breathe out. All is welcome to relax with yoga.

February 12 (Mon 3-5)
Harris Park Play
Pickleball, Basketball, Kickball, or no ball crafts. Join us for a little afternoon fun.

February 14 (Wed 3-4)
Spill It!
Learn how important it is to regulate our nervous system to keep our whole body in check

February 14 (Wed 4-5)
Clay Figures
Play with clay or bead some jewelry to keep or to gift to a friend.

February 15 (Thurs 4-5)
WWII Exhibit
Check out our own mini museum of WWII artifacts and ask questions to our knowledgeable volunteer.

February 21 (Wed 3-4)
Sticky Buns
Join us today to teach us how to make delicious sticky buns. Get ready for a gummy treat!

FEBRUARY, MARCH & APRIL

February 21 (Wed 4-5)
Hula Hooping
It make look like a silly activity, but when you hula hoop, it really is a full body exercise!

February 26 (Mon 3-4)
Caroline's Group
Take the time to love yourself as we chat about healthy relationships and boundaries.

February 26 (Mon 4-5)
Shrinky Dinks
Make a creation and watch it shrink!

February 28 (Wed 3-5)
Workshop at Hope House
Our friends at Hope House are leading a craft and some chats about safe relationships and boundaries.

March 4 (Mon 3-4)
Coldwater Service
Show some love to our friends over at Coldwater and let's help them get tidied up with cleaning and organizing.

March 4 (Mon 4-5)
Slushies
What is your favorite flavor grape, strawberry or sour apple? Do you eat it with a straw or go for the spoon?

March 6 (Wed 3-4)
DIY Phone Charms
Add a little flair to your phone with some cute little charms. Make one to keep for yourself or gift to a friend. Don't worry, if this isn't your thing, we will have something else available for you.

March 6 (Wed 4-5)
Catchin' Up with Katlin
Katlin is here and ready to chat about life, school, stressors and whatnots. This is a safe space to share or just be present.

March 11 (Mon 3-4)
Park Play
We are hoping for a warmish early spring day so we can get out and enjoy the park together.

March 11 (Mon 4-5)
DIY Stickers
Let's get creative and make fun stickers to share with each other.

March 13 (Wed 3-4)
Candied Fruit
Do you know Tanghulu? Well, you are about to find out about this sweet treat as we make it together.

March 13 (Wed 4-5)
Candid Convo
Kaylee is going to lead us in some fun and playful conversations to get to know each other a bit more.

March 18 (Mon 3-4)
JCI Tour
We love when our friends invite us to check out their spaces and learn more about businesses in our community.

March 18 (Mon 4-5)
Root Beer Floats
No description needed, let's make some delicious floats before heading home.

March 20 (Wed 3-4)
Cooking with Friends
You never know what is on the menu when cooking with Pro Deo Friends!

March 20 (Wed 4-5)
Park Play
Grab a soccer ball, kite, or even a sketch book and let's go enjoy the park together on what we hope is a beautiful early spring day.

March 25 (Mon 3-4)
Caroline's Group
We'll chat about healthy relationships, boundaries and loving yourself!

March 25 (Mon 4-5)
Waffle Science
Get ready for a DIY waffle bar. Make sure you let us know your favorite toppings.

April 8 (Mon 3-5)
Community Service
We love our community and all that they do to serve us, so let's give back and show our community our appreciation.

April 8 (Mon 4-5)
Slushies
After giving back to our community, we are going to grab slushies and see what colors our mouths turn!

April 10 (Wed 3-4)
Woodworking
Kevin will lead us in a woodworking project that will blow your mind.

Tutoring
Tues & Thurs:

Join us for a quiet study space from 2:30-5pm on Tuesdays & Thursdays. If you need help with a specific subject, let us know.

APRIL & MAY

April 10 (Wed 4-5)
Mario Kart Tournament
Ready. Set. GO! Can you build the fastest kart without falling off the track?

April 15 (Mon 3-5)
Open Play at Lovell
You can choose, swimming, basketball, pickleball or hop on a treadmill and get those steps in for the day.

April 17 (Wed 3-4)
Cooking with Friends
Time to cook with our friends to create a gummy meal that is easy enough you can make by yourself at home too!

April 17 (Wed 4-5)
Let's Get Physical
Think elementary PE games, (Trash Can, Not My Backyard, etc.) at the St. Matthews gym. Let's do it!

April 22 (Mon 3-4)
Caroline's Group
We'll chat about healthy relationships, boundaries and loving yourself! Caroline is going to leave your heart feeling ready to take on the world.

April 22 (Mon 4-5)
Marbled Clay Dish
We are making small trinket dishes to keep, gift or add to the art show.

April 24 (Wed 3-5)
Workshop at Hope House
Our friends at Hope House are leading a craft and some chats about safe relationships and boundaries.

April 29 (Mon 3-4)
Creators Workshop
This will be a free choice of various art & craft activities available to pick from or to choose your own medium.

April 29 (Mon 4-5)
Choose Your Chill
We are hanging out and the room is yours to pick from various chill activities this afternoon.

May 1 (Wed 3-4)
Word Doodles
The art journals are coming out for another easy guided activity to help put thoughts and feelings on the page.

May 1 (Wed 4-5)
Yoga
All levels are welcome to join this calming time to stretch your mind, body and soul.

May 6 (Mon 3-4)
Community Service
We love our community and all that they do to serve us, so let's give back and show our community our appreciation.

May 6 (Mon 4-5)
Ice Cream
Do you prefer a scoop in a dish or a cone? Chocolate or vanilla?

May 8 (Wed 3-4)
Candle Making
Pick a scent that you enjoy and get creative with a name that will make you smile as we make candles together.

May 8 (Wed 4-5)
Mindful Momentum
Mrs. T is leading the way on this mindful activity. Participate is always encouraged to get the most out of the time together.

May 13 (Mon 3-5)
Disc Golf
We will have discs available for anyone who wants to play, but if you would rather hang out at the park or go for a hike, that works too!

May 15 (Wed 3-4)
Cooking with Friends
Time to cook with our friends to create a gummy meal that is easy enough you can make by yourself at home too!

May 15 (Wed 4-5)
Let's Get Physical
Think elementary PE games, (Trash Can, Not My Backyard, etc.) Let's do it!

SUMMER PROGRAMMING
WILL KICK OFF ON
MONDAY, JUNE 3RD

Incoming Freshman and graduating seniors are welcome all summer long!

*Events and schedule is subject to change